



KING EDWARD VII's
HOSPITAL



Sample Dinner menu

Served from 6.15pm



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All menus will display diabetic friendly, gluten free, halal, low fat, vegetarian and vegan options.
Should you require any allergen information, please do not hesitate to ask our catering team.

Starters

Sweetcorn chowder

Parma ham, goat cheese mousse & baby beets, balsamic glaze
Vegetable antipasti, hummus, seeded cracker

Hot Mains

Lamb kofta, pita bread, mint yogurt, parsley & onion salad
Garlic lemon prawn risotto with peas, basil oil & crème fraiche
Penne pasta all' Arrabbiata, parmesan cheese

Lighter Grilled Options

Grilled lemon chicken with chicken jus
Grilled sea bass fillet, fresh lemon, herb oil
Grilled Mediterranean vegetable & halloumi skewer red pesto, herb oil

Main Cold Salads

Charred chicken, piquillo peppers, avocado, smoked tomato, artichoke salad
Thai crab salad, pickled cucumber, coriander, lime dressing
Fattoush salad, cucumber, tomato, romaine lettuce, radish, pita croutes

Main courses served with potatoes, vegetables or side salad

Desserts

Clear jelly or fresh fruit in jelly
Crème caramel
Fresh fruit salad
Stewed apple with crème fraiche
Glazed lemon tart, vanilla cream, macerated blueberries
Purbeck ice cream or sorbet (various flavours)
Yoghurt (various flavours) or frozen yoghurt
Fresh fruit
Cheese selection served with grapes, celery and biscuits