



KING EDWARD VII's
HOSPITAL



Sample Breakfast menu

Served from 8.00am



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All menus will display diabetic friendly, gluten free, halal, low fat, vegetarian and vegan options.
Should you require any allergen information, please do not hesitate to ask our catering team.

Continental Breakfast

Selection of fresh fruit, fruit salad and stewed prunes

Cereals including Cornflakes, Weetabix, Rice Krispies or luxury granola with Greek yoghurt

Freshly baked pastries

Sliced ham and Smoked salmon

Selection of cheeses

Fluffy pancakes with a choice of fruit compote or maple syrup

Avocado on seeded English muffin with feta

Cooked Breakfast

Choice of fried, poached, boiled or scrambled eggs

Choice of Cumberland sausage, smoked bacon, smoked salmon,
grilled tomato, grilled mushroom, hash brown, spinach

Poached smoked haddock

Grilled Manx kipper

Continental and Cooked breakfast comes with

Selection of toast including white, multi-grain brown or bagel

Selection of preserves including honey, strawberry jam, Marmite, butter and
King Edward VII's Hospital orange marmalade

Selection of yoghurts

Freshly made porridge

Selection of tea and coffee

Selection of fresh juices including orange and apple