



CENTRE FOR  
VETERANS' HEALTH  
KING EDWARD VII'S HOSPITAL

## Supporting Veterans Since 1899



## King Edward VII's Hospital: The Centre for Veterans' Health

### King Edward VII's Hospital

King Edward VII's Hospital is an independent charitable hospital with a proud history of Royal Patronage. The Hospital was first established in 1899 in the home of sisters Agnes and Fanny Keyser who devoted most of their lives to caring for wounded soldiers, starting with those returning from the Second Boer War.

With just 56 beds, we offer truly personalised medical care that combines the world-leading expertise our patients demand with the impeccable standards of nursing care they deserve. Our key specialist areas are Orthopaedics, Urology, Women's Health and Digestive Health.

### The Centre for Veterans' Health

Our commitment to caring for service personnel and veterans of the Armed Forces remains as strong today as it did when we were founded. We are proud to offer all members of the Armed Forces community, as well as their spouses, partners and widows, the highest quality of care at our Centre for Veterans' Health.

### We provide:

- **A free, award winning Pain Management Programme**
- **100% means-tested grants**
- **A 20% military discount**

## Means-Tested Grants and our Military Discount

### 100% means-tested grants

The Centre for Veterans' Health means-tested grants programme provides 100% grants to uninsured Service or ex-Service Personnel, (including reserves), without medical insurance as well as their spouses and widows.

**“ I'm so grateful for the military grant - it's given me a new life which enables me to cope with 'the old one'.**

A VETERAN MEANS-TESTED GRANT RECIPIENT

For more information please visit:  
[kingedwardvii.co.uk/the-charity/  
apply-for-a-military-grant-or-subsidy](http://kingedwardvii.co.uk/the-charity/apply-for-a-military-grant-or-subsidy)

### Military discount

All Service or ex-Service Personnel (including reserves), without medical insurance are entitled to a 20% discount on their hospital bill.\* This is regardless of rank or length of service. It also extends to their spouses/civil partners and includes widowers and widows.

**20%**  
Discount

Proof of service will be required, and if you are a spouse, civil partner, widow or widower you will also need to provide a marriage/civil partnership certificate.

For more information please visit:  
[kingedwardvii.co.uk/the-charity/  
20-military-discount](http://kingedwardvii.co.uk/the-charity/20-military-discount)

\*Please note the 20% discount does not apply to consultant fees

# The Pain Management Programme

The Pain Management Programme (PMP) is an evidence-based programme using tried and tested pain management strategies that have been adapted to meet the specific needs of the veteran population.

Rated twice as outstanding by the Care Quality Commission (CQC), the overall aims of a PMP are to provide practical strategies to help veterans improve the quality of their lives alongside their pain. Strategies include: helping veterans gain a greater understanding of pain, managing physical activity and mood, and reviewing pain-related medications in order to improve confidence in the day-to-day management of their pain.




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## How the PMP is delivered

The PMP is delivered by an inter-disciplinary team of highly experienced pain management clinicians, including a consultant in pain medicine, a consultant clinical psychologist, a pain management specialist physiotherapist, a pain management specialist nurse and a psychiatrist.

The PMP has up to 10 veterans on each programme. Each programme is 10 days long, delivered over a nine month period, virtually, via Zoom. The PMP is offered to veterans free of charge.

 **The PMP is more than I expected and would recommend to any veteran.**

A VETERAN WHO ATTENDED A PMP IN 2021

## Impact

Since 2015, we have supported over 400 veterans living with chronic pain to improve their quality of life. Recent feedback from veterans attending the PMP shows:

- **100% of veterans attending PMP would recommend to others**
- **95% found all sessions relevant to their needs**
- **98% rated the programme 5 out of 5**
- **100% of those seeking employment felt more confident in doing so due to the PMP**

## Next steps

To apply, please visit:  
[kingedwardvii.co.uk/the-charity/veterans-pain-management-programme](http://kingedwardvii.co.uk/the-charity/veterans-pain-management-programme)

For more information please contact:

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**0207 467 4370**



The Army's National Charity



**I can't thank the PMP team enough. Each chat has delivered a 'golden nugget' of information to allow me to feel better about myself and feel a lot more confident in my future. This course is a must. I have no doubt it has saved lives and prevented further downward spirals for others.**



**I cannot thank the team or this programme enough. In 2015 when I was medically discharged from HM Armed Forces I thought my life was over and ever since it has all been put on hold because of pain. I can now look forward to mine and my family's future because of the strategies I have learnt on this course. Yes the pain will always be there, that I have come to terms with, but it no longer defines me as a person. Thank you.**



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